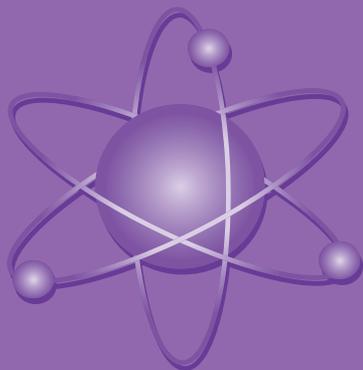


# POWER

ENERGY + STAMINA + DETOX pac

Honey Bee Pollen  
&  
Chlorella

*World's Most Perfect Foods*



turn on YOUR POWER

## **HIDDEN TOXINS**

Since 1940 the number of synthetic chemicals in the environment has increased 380 times.

25 BILLION pounds of synthetic chemicals are created by industries each year.

2,000 different man-made chemicals are found in most municipal water supplies.

10 pounds of synthetic food additives are consumed by the average American every year.

1,000 times more lead is present in the average person's body compared to 500 years ago.

Plastics used in food wraps and water bottles contain hazardous chemicals such as Bisphenols and Dioxin. These chemicals affect both the hormonal system and the immune system of one's body. They can also affect one's blood pressure.

## **HAZARDOUS CHEMICALS**

- cause Parkinson's disease
- cause Alzheimer's disease
- cause cancer
- cause mental illness
- destroy the kidneys
- destroy the liver
- destroy the hormone system

## **Honey Bee Pollen** *World's Most Perfect Food*

**Honey Bee Pollen** provides a pure, all-natural, and highly potent life-giving, life-extending food source. The human system is composed of twenty-two elements. **Honey Bee Pollen** contains all of these elements in a form easily assimilated by the body. **Honey Bee Pollen** regulates and stimulates metabolism by supplying the missing factors other foods cannot supply and offsets the effects of toxins, pollutants, and drugs. **Honey Bee Pollen** contains all vitamins, minerals, trace minerals, essential proteins, amino acids, enzymes, coenzymes (over 5,000), and hormones known to man. These nutrients are in perfect balance, and its use dates back to the Old Testament.

### **Natural Weight Control**

The properties of **Honey Bee Pollen** work to correct a chemical imbalance in the metabolism which may contribute to abnormal weight gain. To safely help control weight, **Honey Bee Pollen** should be used as follows: take **Honey Bee Pollen** at least 30 minutes before meals with eight ounces of water. Additional benefits found in **Honey Bee Pollen** include that it produces an antiputrefactive effect, contributes to a healthy digestive system, and aids in assimilation of nutrients. 130 mg. of **Honey Bee Pollen** help to digest three pounds of food. Experiments show that those who take **Honey Bee Pollen** decrease their daily intake of food by 15% to 20%.

### **Human Sexuality**

Sexual impotence in men is far more frequent than is generally thought. Because **Honey Bee Pollen** is nature's own propagator of life, it is easy to understand how people could assume its enhancing effect on sexual health. Still another component of **Honey Bee Pollen** is a gonadotropic hormone (a plant hormone similar to the gonadotropin secreted by the human pituitary gland as a stimulant to the sexual organs). European countries prescribe **Honey Bee Pollen** as a natural formula that helps correct conditions of male impotence and strengthens female sexual powers.

## **Increase Energy, Stamina, & Endurance**

Many doctors, coaches, athletes, and professional people are finding that **Honey Bee Pollen** increases zest, energy, stamina, and endurance. Clinical evidence shows that **Honey Bee Pollen** speeds up the recovery process of exercise. It increases performance as well as relieves signs of brain fatigue and improves mental and physical reflex actions. Since European Gold Medal Olympic coaches introduced **Honey Bee Pollen** to American athletes, they have been using it and consider it to be “energy in a tablet.” This is not available from any other non-drug source!

## **Hay Fever & Allergies**

It should be understood that the pollen loosed in the atmosphere and carried by the wind is not the pollen that is collected by the bees. The pollen that the bees search for and collect is a sticky pollen that is too heavy to be air-borne. In addition, the bees mix pollen with nectar and bee saliva which neutralizes and destroys allergic principles and makes **Honey Bee Pollen** a respiratory strengthening food that can help and, in some cases, even prevent allergies. Pollen is also a prime source of protein which can cause an elevation of the gamma globulins of the body. These substances can help the body build natural immunity defense reactions which offer a shield against allergic distress.

***Few people find that they have an allergy to Honey Bee Pollen, but anyone can be allergic to anything. So, start with 1/8 tablet for four days and increase by that amount every four days until you are taking at least 2-3 tablets per day. An allergic person then can build up a tolerance and see his/her allergies improve.***

**Steve Riddick**, the fastest man on earth, has been taking Honey Bee Pollen since 1974. He said that after just two months he felt an upsurge in strength, endurance, and speed. “As if my body shifted into a more powerful gear.” *Let’s Live Magazine* (June 1979)

**Dr. Winferd Holt**, a dentist and nutritionist, has interviewed hundreds of people who take **Honey Bee Pollen** and report evidence of higher energy levels, weight loss, lower blood pressure, fewer colds, and a decrease in allergies. He states that the American diet is grossly deficient in providing the nutrients necessary to maintain good health.

Both Dr. Holt and his wife, Lester, have taken **Honey Bee Pollen** since 1979 and can personally document a marked improvement in their health and vigor. **University of Sarajevo's** study of a group of impotent men in Yugoslavia revealed that more than half of them experienced a dramatic improvement after just one month.

**Honey Bee Pollen** must be certified cold-processed in order to receive maximum benefits. If the pollen is subjected to high temperatures in normal processing, it can lose up to 75% of its effectiveness. Our **Honey Bee Pollen** is cold-processed and is derived from a high desert source. Our pollen has not been exposed to herbicides, pesticides, pollutants, and other chemicals common with today's agricultural methods.

### **Natural Support For:**

Allergies • Arthritis • Cholesterol • Diabetes • Digestion  
Fibromyalgia • Hypertension • Circulation • Lack of Energy • Fatigue  
Prostate Health • Sexual Stamina • Weight Loss

### **CHLORELLA**

*Broken Cell-Wall*  
*Chlorella Pyrenoidosa*

**Chlorella** is an all-natural, whole food. This microscopic, green single-cell, freshwater micro-algae is a rich source of many nutrients that are beneficial to our diet. **Chlorella** helps to remove toxins and energizes your health. When compared with other whole foods, it contains the highest amounts of chlorophyll, beta-carotene, and RNA/DNA nucleic acids. It also contains more than 20 vitamins and minerals, 45 proteins, 18 amino acids plus omega-3 and omega-6 unsaturated, essential fatty acids.

People are talking about the life improvement qualities of **Chlorella**. It is hailed as possibly the best cleanser of the body. **Chlorella** is the gem of the Orient. It is one of the greatest foods of nature, a simple food about the size of a red blood cell. As of yet, its mysteries have not been unraveled by scientists.

This algae has been used to boost the immune system and helps fight infections. It increases good bacteria in the GI tract and helps ulcers, colitis, diverticulosis, and Chron's Disease. **Chlorella** is used in Japan as a treatment for duodenal ulcers, gastritis, hypertension, diabetes, hypoglycemia, asthma, and constipation. **Chlorella** is used as an adjunct in cancer therapy to remove radioactive particles from the body after radiation. In animal studies, it removes cholesterol and toxic chemicals such as dioxins. **Chlorella** is great for people suffering from stress, arthritis, chronic fatigue, depression, poor circulation, and/or high blood pressure. **Chlorella** is an excellent blood builder.

Ounce per ounce, **Chlorella** has six times more beta-carotene than spinach, contains more dietary fiber than leading fruits and vegetables, and contains more complete protein than soy and twice as much as steak. **Chlorella's** high nucleic acid content slows down signs of visible aging and contains 50 times the antioxidants of vitamin C and E. The world's highest known concentration of chlorophyll and a powerful blood detoxifier and toxin eradicator are key properties of **Chlorella**. THE AMAZING CHLORELLA GROWTH FACTOR revitalizes cells, keeping them younger.

## **CHLORELLA REMOVES**

**Hazardous chemicals** such as dioxin

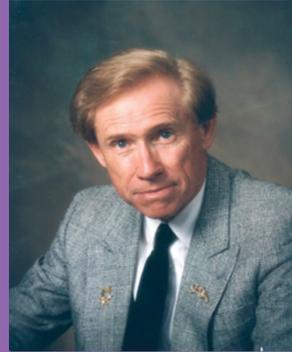
**PCBs** [Poly-Chlorinated Byphenols], major pollutants found in pesticides and herbicides

**Heavy metals** such as cadmium, lead, and copper

**Mercury** Studies show that chlorella sweeps mercury from the bowel and cells of the body.

***Removes free radicals from the body.***

When Dr. Winferd Holt began suffering from symptoms of hypertension, chronic fatigue, spastic colon, prostate problems, and high blood pressure in his thirties, he started seeking solutions. Doctors could prescribe multiple medications to address the symptoms but nothing addressed the cause. He took his Physician's Desk Reference and began researching the medications he would have to take and became frightened by the side-effects. This spurred his quest to find alternative solutions. He immediately altered his diet and started trying to eat healthier. Living on a farm, he grew most all the vegetables that he ate, but the results were minimal. He started looking at the fertilizers he had to use to get his produce to grow and noticed that the top brands only contained three to six essential minerals. He was not getting the necessary nutrition from the food because the food lacked the necessary nutrients. He began to supplement his diet with vitamins and nutrients. Once he began to get the necessary levels of nutrients, he immediately noticed an increase in his energy and started seeing his symptoms go away. This began his extensive studies in nutrition and preventive medicine. He traveled all around studying under the best in the world. His belief in nutrition and supplements became so strong he began to offer it to his dental patients.



Dr. Holt believes that the human body can heal itself if given the proper and correct amount of nutrients. Every cell in our body regenerates itself; and if fed properly, they can regenerate with a healthier cell. After 40 years of proper diet and supplements, Dr. Holt has turned back the clock in his life and his wife's. He has overcome a family history of heart disease and is in perfect health. He is now sharing his program with others through his product line. He has worked with top chemists and some of the largest nutritional manufacturers in the world to bring you a well-balanced, bioavailable program designed to give you all the necessary nutrients.



**ForYou, Inc.**

PO Box 1216 Loris, SC 29569

877-866-8446 [www.ForYouInc.com](http://www.ForYouInc.com)

*These statements have not yet been evaluated by the FDA.*